

Listen to the text and decide whether the statements are true (T) or false (F).

- 1) Those people who practise parkour deal with building walls and fences.
- 2) This kind of sport can be dangerous.
- 3) Young people are fond of parkour.
- 4) The most dangerous thing in parkour is body control.
- 5) It is impossible to be harmed while practising parkour.
- 6) According to the author, parkour can teach how to cope with difficulties.

MARK: / 12

1. Read the text and complete it with the choices (a—e).

There are two extra choices you don't need to use.

«When you are a member of a team in a sport, you understand that it is not good to be the best player», says Sean Strange, a sports expert. «It means working as a team, (1)..... that all people have various abilities.» According to Sean, those involved in team sports learn to be more resilient when they have difficulty and are less likely to feel isolated. They will find out that events will not go their own way, (2)..... , all the time to overcome shyness, putting them in a situation where they need to communicate with people to become more sociable in different situations. Team members have (3)..... , who possibly may be their friends.

- a) cooperation and teamwork skills
- b) or the team's way
- c) take part in team sports
- d) accepting decisions and understanding
- e) to deal with different people

2. Complete the sentences with the correct forms of the verbs in brackets.

- 1) The bus (arrive) at 10 o'clock.
- 2) We..... (have) lunch at a restaurant next Saturday.
- 3) It(rain) in our city tomorrow morning.
- 4) Tomorrow, at 8 o'clock in the morning, I (meet) my family.
- 5) Nina (write) a test tomorrow morning.
- 6) Wait! I (ask) you a question.
- 7) The lesson (start) at 8 o'clock.
- 8) Are you still training? If you (finish) by 6 p.m., we can go for a walk.
- 9) This time on Tuesday he (have) English courses.

3. Complete the sentences with the words from the box.

game	fit	ball	fencing	score	net	football
calisthenics	soccer	teams	players	swords	cricket	bat

- 1) is a game played by two 2) of eleven
3) using a round 4) Players kick the ball to each other and try to 5) goals by kicking the ball into a large 6) In Europe and South America, this game is also referred to as 7)
8) is a sport in which two competitors fight each other using very thin swords. The ends of the 9) are covered and the competitors wear protective clothes, so that they do not hurt each other.
10) is an outdoor 11) played between two teams. Players try to score points, called runs, by hitting a ball with a wooden 12)
13) are simple exercises that you can do to keep 14) and healthy.

4. For each item (1—7) choose and circle the correct variant (A, B, C or D).

- 1) Garry his training when he saw a famous coach.
A) has just finished; B) had just finished;
C) finished; D) would just finish.
- 2) The bus before I reached the bus stop.
A) left; B) has left;
C) had left; D) had been leaving.
- 3) He hurt me. I to him again!
A) will speak; B) won't speak;
C) would speak; D) wouldn't speak.
- 4) Jim until Susan came.
A) was painting; B) has been painting;
C) had been painting; D) would paint.
- 5) Mum dinner when we came back from school.
A) had been cooking; B) is cooking;
C) cooks; D) was cooking.
- 6) I my music lesson at 7.30 p.m. tomorrow.
A) will have; B) will be having;
C) am having; D) will have had.
- 7) I at this faculty for five years before I graduated.
A) have been studying; B) was studying;
C) will be studying; D) had been studying.

Listen to the text and decide whether the statements are true (T) or false (F).

- 1) Parkour is nearly unknown in the world.
- 2) Young people are fond of parkour.
- 3) This kind of sport can be dangerous.
- 4) Parkour is very easy to master.
- 5) You can know your body better while going in for parkour.
- 6) According to the author, different kinds of sports need the same qualities.

MARK: / 12

1. Read the text and complete it with the choices (a—e).

There are two extra choices you don't need to use.

Team sports are not only (1). They develop friendship, bring about positive thinking and team spirit. A team sportsman is also quickly socialised. A pat on the back, thumbs up, or only (2) — these gestures help a child become confident. When someone sees these signs from a teammate, it means that a job was well done! By the way, self-confidence is also developed the more people (3).

- a) a nod of approval
- b) just physical exercises for those who take part in them
- c) thanks to all aerobic activity
- d) stamina and endurance
- e) learn about themselves and their abilities

2. Complete the sentences with the correct forms of the verbs in brackets.

- 1) I (buy) milk in the nearest shop when it opens.
- 2) I (let) you know when I arrange the meeting.
- 3) Before the teacher (start) our lesson, we'll get ready for it.
- 4) We (wait) in the street tomorrow at 10 a.m..
- 5) I (be) back in a few hours.
- 6) Look at the sky! It (rain).
- 7) In a year I (enter) university.
- 8) On Sunday they (have) a family dinner.
- 9) Wait! I (help) you carry your bags.

3. Complete the sentences with the words from the box.

game	court	tennis	hockey	ball	net	players
clubs	sticks	goals	wrestling	golf	bat	teams

1) is a game played by two or four 2) on a rectangular 3) The players use an oval 4) with strings across it to hit a 5) over a 6) across the middle of the court.

7) is a team 8) played between two 9) of eleven players each, using hooked sticks with which the players try to drive a small hard ball towards 10) at opposite ends of a field. In North America it is called field hockey to distinguish it from ice hockey.

11) is a sport in which two people wrestle and try to throw each other to the ground.

12) is a game in which you use long 13) called 14) to hit a small hard ball into holes that are spread out over a large area of grassy land.

4. For each item (1—7) choose and circle the correct variant (A, B, C or D).

- 1) By the time we get there, the post office ...
A) was closed. B) will be closed.
C) would be closed. D) has been closed.
- 2) I met Jane while I ... on the beach.
A) was walking; B) would be walking;
C) has been walking; D) had been walking.
- 3) I ... to Venice tomorrow; I will phone you when I arrive.
A) will come; B) am coming;
C) be coming; D) will have come.
- 4) We ... tennis until it started raining.
A) were playing; B) have been playing;
C) had been playing; D) would be playing.
- 5) By the time he was thirty-five, he ... a fortune.
A) earn; B) earned;
C) had earned; D) had been earned.
- 6) I ... to my MP3 player, so I didn't hear the fire alarm.
A) was listening; B) were listening;
C) have been listening; D) had been listening.
- 7) We ... some plans for the weekend just before your call.
A) have made; B) made;
C) had made; D) had been made.

